







## ITALIAN POLLEN CALENDAR

CENTRAL TYRRHENIAN	JANUARY			FEBRUARY			MARCH			APRIL			MAY			JUNE			JULY			AUGUST			SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER		
	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3
BETULACEAE																																				
CORYLACEAE																																				
CUPRESSACEAE																																				
GRAMINEAE																																				
OLEACEAE																																				
URTICACEAE																																				

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The calendar provides pollen concentration levels, not allergy risk levels.

There are four classes of concentration: absent, low, moderate and high.

Betulaceae	0 – 1	1 – 16	>16 – 50	> 50
Compositae <i>Ambrosia</i>	0 – 1	1 – 5	> 5 – 25	> 25
Corylaceae	0 – 1	1 – 16	>16 – 50	> 50
Cupressaceae	0 – 1	1 – 30	>30 – 90	> 90
Gramineae	0 – 1	1 – 10	>10 – 30	> 30
Oleaceae	0 – 1	1 – 5	> 5 – 25	> 25
Urticaceae	0 – 1	1 – 20	>20 – 70	> 70

*\*Edited by A.I.A. Network Committee*